

**Book of Mormon 3**  
**Lesson 142: Alma 28**  
**Life's Choice: Happiness or Woe**

**Objective:** To understand that the choices we make are either going to lead us to happiness or to misery.

**Pray:** Thank Heavenly Father for the *Book of Mormon* and ask Him for help and understanding.

**Today's Reading:** Alma 28

**Materials:**

*Book of Mormon*  
 Red Scripture Marker

Cards  
 Card Sets

Writing Utensils  
 Rubber bands

**Vocabulary:**

Card and learn the words in your reading that you do not know.

**Reading Notes:**

1. Review Cards to Point.
2. Read the Chapter Heading.
3. Underline the last portion of the chapter heading – "The wicked.....happiness."
4. Underline verses 11, 12, and 14.

**Pray:** Thank Heavenly Father for the lessons of the *Book of Mormon* and ask Him for help in remembering and living the principles you are learning



**Remember to o y GOD TURN for today**  
**and to record your actions in your GOOD TURN JOURNAL.**

**Book of Mormon 3**  
**Lesson 143: Alma 29**  
**Alma's Joy; God Sends Teachers to All Nations**

**Objective:** To understand Alma's wish and his joy..  
 To understand that the Lord sends teachers to all nations.

**Pray:** Thank Heavenly Father for the *Book of Mormon* and ask Him for help and understanding.

**Today's Reading:** Alma 29

**Materials:**

*Book of Mormon*  
 Red Scripture Marker

Cards  
 Card Sets

Writing Utensils  
 Rubber bands

**Vocabulary:**

Card and learn the words in your reading that you do not know.

**Reading Notes:**

1. Review Cards to Point.
2. Read the Chapter Heading.
3. Underline Alma's wish in verse 1.
4. What would he do if his wish were granted? Underline the answer.
5. What do we learn in V8? \_\_\_\_\_

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Underline verse 8.

6. Verse 9 – underline what is Alma's joy and glory.
7. Underline in what Alma takes joy in verses 10, 13, 14, and 16.
8. In verse 17, what is the prayer and blessing of Alma? Underline these.

**Pray:** Thank Heavenly Father for the lessons of the *Book of Mormon* and ask Him for help in remembering and living the principles you are learning



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### Book of Mormon 3 - Lesson 144: Alma 30 Doctrines of an Anti-Christ

Objective: To be aware of the doctrines and teachings of those against Christ

Pray: Thank Heavenly Father for the *Book of Mormon* and ask Him for help and understanding.

Today's Reading: Alma 30

Materials: *Book of Mormon*                      Cards                      Writing Utensils  
                  Red Scripture Marker              Card Sets                    Rubber bands

Vocabulary: Card and learn the words in your reading that you do not know.

Reading Notes:

1. Review Cards to Point.
2. Read the Chapter Heading.
  - a. Underline 1<sup>st</sup> and 2<sup>nd</sup> part of the Heading.
    - i. Someone working against Christ ridicules or makes fun of Christ, His Atonement, and the spirit of prophecy.
      - (a) Remember Lehi's Dream? Those in the spacious building were making fun of those who partook of the fruit of the Tree of Life.
    - ii. The Anti-Christ doctrine in brief:
      - (b) No God; No fall of man; No penalty for sin; No Christ
3. In verses 13 – 18 look for the above in what Korihor is teaching.
4. In verses 39 – 44 how does Alma counter what Korihor has said? Underline Alma's testimony. Write it below: (Specifically portions of 39, 41 & 44)

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5. What happens to Korihor? V50, 55 & 56, 59 \_\_\_\_\_
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Pray: Thank Heavenly Father for the lessons of the *Book of Mormon* and ask Him for help in remembering and living the principles you are learning

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Book of Mormon 3  
Lesson 145: Alma 31  
Mission to the Zoramites

Objective: To learn of Alma's mission to the Zoramites.

Pray: Thank Heavenly Father for the *Book of Mormon* and ask Him for help and understanding.

Today's Reading: Alma 31

Materials:	<i>Book of Mormon</i>	Cards	Writing Utensils
	Red Scripture Marker	Card Sets	Rubber bands

Vocabulary: Card and learn the words in your reading that you do not know.

Reading Notes:

1. Review Cards to Point.
2. Read the Chapter Heading.
3. Why did Alma organize a mission to the Zoramites? ( V 1, 4, & 5)\_\_\_\_\_
- \_\_\_\_\_
4. Who did Alma take with him? (V 6 & 7)\_\_\_\_\_
5. What errors were the Zoramites committing? (9-11; 12-23)\_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
6. What was their major sin? (V 27)\_\_\_\_\_
7. What was the prayer of Alma for the Zoramites? V 35\_\_\_\_\_
- \_\_\_\_\_
8. What was the prayer of Alma for his fellow missionaries? (V 32-34)\_\_\_\_\_
- \_\_\_\_\_
9. What did the Lord do for his missionaries? (V38)\_\_\_\_\_

Pray: Thank Heavenly Father for the lessons of the *Book of Mormon* and ask Him for help in remembering and living the principles you are learning

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## Book of Mormon 4 – Review Lesson Three

- 1 – Pray
- 2 – Review vocabulary cards
- 3 – Review Fact and Scripture Cards
- 4 – Review Journal and write any further insights or thoughts on what you read in the *Book of Mormon* this week.
- 5 – Plan your service for the day.
- 6 – Pray
- 7 – Write in your journal for the day and record your service, etc.